



EAST SUSSEX
WRAS
 WILDLIFE RESCUE

WHAT'S INSIDE:



Team work saved Duck at Lewes

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Meet our Volunteers

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The Wildlife's Emergency Service.

THE

Rescuer

The Big Co-op Payout Supports WRAS!



Rescue Line: 07815-078234

WINTER
 2019/2020

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If you shop on Amazon, don't forget to start shopping with Amazon Smile and select East Sussex WRAS as your chosen charity to help raise money free of Charge for WRAS. Amazon Smile is now available as a mobile app too.





On the 25th November last year WRAS was invited to attend The Big Co-op Payout being one of three local good causes being supported by the Heathfield and Horam Co-ops. WRAS volunteers and founder Trevor Weeks were presented with a cheque for £12,047.65.

Co-op were raising money for WRAS to purchase a replacement veterinary ambulance to help us get to casualties and support the local Community. Just before Christmas WRAS was able to purchase a nearly new Kia Ceed from Birchwood Kia in Eastbourne. The vehicle has now had cages and rescue gear added as well as being sign written to help promote the charity and to help keep rescuers safe when working on roads.

“We are delighted that Co-op have raised so much money, and that this new vehicle is now on the road. A huge thank you to all the staff and customers for being so generous, without these vehicles on the road there are many casualties we would struggle to get to, this vehicle is a life line for local people and the wildlife of East Sussex” said Trevor Weeks.

The Co-op Local Community Fund helps pay for local projects that their members care about. Every time Co-op members shop at one of their stores, 1% of what they spend on selected own-branded products and services goes to help fund these community projects in the local area. Co-op also gives all money raised from shopping bag sales to the causes, to help give even more.

Thanks also to Hailsham Tesco who donated a supply of cat food, bread, jam and peanut butter from proceeds of their second hand books sales.

Co-op's The Big Payout Helps WRAS

Team Work to

Pells

Rescuers from East Sussex Wildlife Rescue & Ambulance Service (WRAS) and the RSPCA were jointly involved in a rescue mission to catch a male mallard duck at the Pells Pond in Lewes on Tuesday 29th October 2019.

Members of the public made numerous calls to WRAS over several days and to the RSPCA, reporting the duck as having a hook in its beak and unable to eat.

WRAS sent rescuers down to try a capture but their efforts were unsuccessful. Rescue Co-ordinator Trevor Weeks reviewed the situation and decided to send a large team of rescuers across to attempt a capture.

On site rescuers first tried to catch the bird from the banks encouraging the bird to one end of the Pells pool. However the duck had other ideas and evaded capture.

"We tried a couple of attempts to get the duck at one end of the pond, but it just about managed to fly past us each time. The hook was clearly causing the duck problems when flying so we continued making further attempts to catch the duck on the islands or in the narrow channel at the side of the islands" said Trevor. Without someone in the water the rescue was not going to be possible.

"Unfortunately I had left my dry suit behind so I had to get in

and get wet, but luckily having been in the pond numerous times on rescues I was well aware of the substrate" added Trevor.

WRAS rescuer Thea Taylor climbed into one of WRAS's inflatable boats to try and help from the water. As the rescuers were re-grouping the RSPCA turned up and provided much appreciated additional help in the water. So with a team of three people in the water and numerous people on the bank the duck was corralled at one end and Trevor managed to net the duck as it tried to escape past the rescuers in the water.

"There was no way either the RSPCA or WRAS on their own would have been able to catch the duck, and both WRAS and the RSPCA were really pleased to help each other out and end up with a



Rescue Duck

Pond

successful rescue" added Trevor, "This was a great bit of team work between us all. I was able to cut the hook to relieve the pressure on the ducks beak and chest."

Back at WRAS's Casualty Centre at Whitesmith, Vet Chris Hall from Henley House Vets in Uckfield, examined the duck and was safely able to remove the embedded section of hook in the chest. "We are pleased with the ducks condition and after some antibiotics it made a complete recovery and released a week later" said Katie Nunn Nash Lead Casualty Manager at WRAS.



Unusual Quiz Night & Meal 2020!

Could you tell the difference between Heinz Baked Beans and a shop's own brand? Are you good at remembering television themes? Are you good at logical puzzles?

Then, this is the quiz for you! Far from the normal run of the mill boring Quiz Night, with a mixture of questions involving tasting, watching, listening, making and more!

Tickets are £12.50 in advance or £15 on the door (space permitting). Teams of up to 6 people allowed. Licenced Bar.

Ticket price includes entry per person and a pasta based meal (vegan option available on request in advance).

It's a fun evening to raise money for East Sussex Wildlife Rescue & Ambulance Service Reg Charity 1108880.

Saturday 21st March 2020.

East Dean & Friston Village Hall, Village Green Lane, East Dean, Eastbourne BN20 0DR

Doors open at 7pm, Finishes 10pm roughly.

It is customary for WRAS Founder Trevor Weeks to wear fancy dress, you are welcome to do so too. There will be bonus points added for someone on your team wearing fancy dress - but this is not compulsory!

TO BOOK:

Online via or website
www.wildlifeambulance.org

By Phone: 01825-873003.

Winter Hedgehog Issues

The last few months of 2019 saw us admit a record number of hedgehogs into care. On our busiest day it saw us admit 20 hedgehogs in under 24 hours, with the majority of these being admitted as autumn juveniles.

With the weather remaining so mild at the end of the year, it has caused some hedgehogs to have third litters. Having more young is great for the species however these babies haven't had enough time to gain the weight needed to successfully survive hibernation without a little help from us. Luckily, we have had lots of help from members of the public this year keeping an eye on visiting hogs and checking their weights. We wouldn't advise weighing hedgehogs daily, as they should be left alone as much as possible. However in the run up to winter, it is worth weighing them if you have a small hedgehog visiting at night, or are concerned for one. Contact your local wildlife rescue to find out what the ideal weight is for that time of year, as it will depend on the time of year as well as the day and night temperatures. Any hedgehog out during the day should be picked up and be checked over by a hedgehog specialist.

Young hedgehogs being spotted out during the day, especially after the heavy rain spells we were exposed to, became a very popular occurrence. All hedgehogs that come into our care are faecal sampled as a priority, this can show us if they are carrying any internal parasites.

Unfortunately this year a large amount of our samples came back positive with extremely high parasite burdens of lungworm and/or capillaria. This is a common reason for hedgehogs being found out during the day as they struggle to gain weight and find suitable

food. They can also fall poorly and be unable to get themselves back to bed, staggering

around wobbling as they try to

walk. With high parasite

burdens they usually come

in underweight, not

wanting to eat and

rather

dehydrated,

so will



By Katie Nunn Nash Lead Casualty Manager

be put in one of our incubators where the temperature can be maintained and monitored closely. When like this they sometimes need syringe feeding and liquid diets to help the discomfort as their digestive systems starts working again. We have also seen multiple hedgehogs with leg injuries. One had an infected wound where she had lost a toe on her front foot, as well as a wound on her chin which was cleaned and sutured by our vets. After a course of antibiotics she is now doing well, however at the beginning of January she was still only 350g so is likely to be with us now until spring. Another had broken his rear right foot. His fracture was stable and he was trying to use the leg but was unable to place the foot properly because of the injury. We were worried but after discussions with one of our vets, we gave pain relief and closely monitored his use of the leg. We were pleased that the foot fully healed and full movement returned without any hindrance, so he was returned back to where he was found just before the New Year. This mild spell may have caused havoc for us trying to home 140 hedgehogs at once, purchasing more cages as well as making use of some newly donated cages, fitting hedgehog in everywhere amongst the other casualties we had in at the same time. The weather has also allowed us to return almost all of them back home at a time of year which we normally wouldn't be able to. Once all treatment has finished, they have been given a clean bill of health and have adequate weight to survive hibernation we look to return them.

Allowing them to hibernate naturally is far nicer on them than keeping them in care all winter.

In total WRAS dealt with 619 hedgehogs, with over 130 coming in just in November last year. This is way up on the previous high of just 465!





Leucistic Hedgehog.

This very unusual Leucistic Hedgehog has come into care from Cooksbridge today via Hamsey Hedgehogs. Very light in colour, but not Albino, this is a condition in which there is partial loss of pigmentation in an animal—which causes white, pale, or patchy coloration of the skin, hair, feathers, scales or cuticle, but not the eyes. Too small to hibernate the hedgehog will be put through the usual health checks and treatment before being fed up and then allowed to hibernate along with the other 98 hedgehogs already in care!



WRAS has been to Tollgate School Eastbourne to talk about the oiled swans and what the students of the school can do to help protect the local wildlife around the school. Trevor attended along with Andy Tilney from Eastbourne Borough Council who are running a competition for the children to design a poster to help promote working together to help the local environment.



Help keep wildlife safe : Winter Support

Suet can benefit most wild animals and birds during the winter with its high fat content and nutrients.

Shelter and warmth is so important for wildlife, so they can get out of the snow and ice and recuperate from their search for food. So try to leave out a rabbit or dog hutch as shelter.

When feeding any wild animal or bird, hygiene is often forgotten, and birds especially end up eating food left on top of old food. Take extra care to keep feeding areas clean and hygienic.

Avoid cutting evergreen trees during the winter months. Bats and many birds rely on the shelter these trees give during the winter months.

Water can be difficult to find when there is ice and snow around. You can form a heater bird bath, using a triangle of bricks, a tea light and a ceramic bowl of water. See page 10.

Drowning Fox Saved.

WRAS would like to praise the security staff at Sovereign Harbour who managed to save this fox from drowning . WRAS Duty Rescue Co-ordinator Karen Francis was called out to help the drowning animal on 5th November around Midnight.

Security staff at the Harbour noticed the fox in the water and were able to grab and get him out of the water onto a pontoon. They rushed the fox to the hand dryers and tried to dry and warm him up before then switching to the heaters in their van.

"The staff were brilliant and very caring, they did everything right. The fox was clearly very cold and to be honest I didn't think it was going to survive" said Karen.

Karen checked the poor creature over and continued the warming process on her way up to WRAS's Casualty Centre at Whitesmith, where she then able to finally finish the process using a hair dryer.

The fox was placed into WRAS's intensive care unit to help maintain a good body temperature. Afterwards he was bedded down and treated, Karen left the centre hoping he would pull through and sleep off his experience.

The following morning when staff arrived at the centre they were dreading looking to see if he had survived the night and were very surprised at the difference.

"When I got to the centre, I was amazed and really pleased to see the fox was up and about and looking so much more alert. It was like having a different animal in the cage. Its fur was all dried out and smooth again. If it had not been for the quick actions of the security staff this fox would have drowned, they saved his life" said Karen.

WRAS's Care Team and vets reassessed the fox and decided to put him on a course of anti-biotics.

After a week in care and once finished the medication he was returned to Sovereign Harbour where security staff Paul and Jim meet Karen to assist with the release close to the Waterfront in the middle of Sovereign Harbour.

The fox shot straight out of the cage and away stopping to look back after a short distance.

Thank you to Sovereign Harbour for all their help.



Fly Paper & Glue Traps Should be Banned.

This poor Wren sadly is not going to survive due to its injuries as a result of being stuck to a glue trap. Glue Traps are indiscriminate and are cruel. Please do not use them along with fly papers which also catch birds and bats. This poor wren has suffered some horrendous injuries as a result of being stuck. If you find a bird attached to a fly paper or glue trap, (cut away the excess fly paper) please place into a box and shut the lid so the creature is in the dark and get straight to a veterinary centre or your local wildlife rescue for help.

Whenever you see glue traps being sold, send a polite letter to the store manager. Visit www.peta.org/features/join-campaign-glue-traps and then ask the store to stop selling the traps and point out the many companies nationwide that have already sworn off or pulled glue traps and opted for less cruel methods instead.



Help provide Water for Birds when it freezes.

Despite our winter being quite mild so far, there is still time for wintery showers and icy to occur.

Plenty of people put food out during the winter, but clean water can be much harder to find, as even bowls put out by people quickly freeze over. However you can help wildlife by putting out a heated bird bath.

What you need:

3 bricks

1 tea light

1 ceramic or metal dish (not plastic)

1 stone.

Warm water (not hot).

Clear away any snow, and form a triangle using the three bricks with their corners touching each other.

Get an adult to light and place the tea light in the middle. Between the bricks.

Then place the ceramic/metal dish over the top sitting on the three bricks, with the tea light underneath.

Place the stone in the middle of the dish. The stone needs to be taller than the water level to help birds land and drink properly as well as to help anything which falls into the water to get out.

Pour warm (not hot) water into the dish to help the warming process.

The tea light should keep the water above freezing for much longer till the light goes out.

Please ensure you place on a flat surface and away from anything combustible to avoid causing a fire.

Frightened Lewes Fox

Rescuers were called out to a fox with mange in Lewes on Tuesday 19th November. The resident, who called, had shut the shed door trapping the fox inside.

When rescuers arrived the fox was sitting on top of a tarpaulin on some bikes. Trevor slowly opened the shed door and reach across with a dog grasper. Inching the loop of the grasper closer and closer to the fox's head, Trevor expected the fox to move but it just sat there and didn't react till Trevor tightened the grasper. The fox put up quite a struggle as Trevor scruffed and lifted the fox out of the shed and into a waiting cage.

After trying to release the fox from the grasper the loop wouldn't unlock. So Trevor tried to carefully pull out the catch next to the foxes neck. As the grasper fell, and in the blink of a eye, the fox moved and snapped at Trevor's hand, biting through his nail. The fox was secured, covered and the cage carried out to the ambulance. Trevor went and cleaned his injury before covering it with a bandage.

The fox was taken to WRAS's Casualty Centre where it was given Stronghold to treat the mange. WRAS's Care Team are keeping an eye on the fox's condition just in case the fur starts turning grey, starts becoming forgetful, and the fox develops Sarcastic Mange as a result of biting Trevor!

Trevor would like to express his thanks to rescuers Thea and Andy for their help with the rescue and Ellie for driving him to Uckfield Minor Injury Unit where the lovely staff took good care of his injury.

The fox was bedded down in one of WRAS's Indoor pens and put on a 3 week course of medication to treat the sarcoptic mange. He was given an extra week to give his fur more time to recover before being returned to Lewes to where he was found.



Meet the Volunteers...

Clare Greenaway Volunteer Rescuer & Orphan Team.

I have been volunteering with Wras coming up to two years, I joined wras after suffering with depression and many anxiety issues. I needed something purposeful in my life to help me along my personal journey. As hard as it was to walk through those doors I am so glad I did as it's been the best experience. It's not only helped me mentally its helped me grow as a person, raised my confidence and filled my life with joy. Knowing that I am helping our local wildlife week in week out feels me with pride. It's such a heart-warming thing to do and so rewarding seeing them come in, recover and to see many of them get to a point where they can be released again at the end of it is amazing! Wras is an amazing place to be, staff and volunteers are friendly and everyone is always happy to help, I've learnt a huge amount in the time I've been volunteering and I'm always keen to learn more.



Carla Dray, Volunteer Feed & Clean Shift.

I have been volunteering at WRAS for just over 2 years. I used to work with animals in my full-time job but then my job role changed and I really missed the animal interaction. This is when I decided to join WRAS. The clean and feed shifts are always rewarding with a variety of casualties over the seasons (foxes are my favourite!). The teamwork with fellow volunteers and the staff at WRAS is excellent, it's a great social platform. I have undertaken the First Aid training conducted by WRAS which was really interesting and will stand me in good stead should I be required to perform rescues. The running costs of the charity are quite high so we appreciate all the support we can get. Its great when the public turn up with bags of hand torn newspaper for the Hedgehogs. It saves us a lot of time. I get immense satisfaction giving up my time to assist the charity.



A photograph of a man with short dark hair, wearing a dark blue long-sleeved shirt and blue jeans, driving a bus. He is looking out the window to his left. The background is blurred, suggesting motion.

Ollie Long Volunteer Rescuer plus Feed & Clean Shift

Initially, when I was looking for a voluntary job in the Summer of 2014, I hadn't heard of WRAS. Upon finding out all about the charity and discovering the casualty centre was only a mile or so down the road from where I live, I was excited to get involved. 5 and a 1/2 years later and I'm still here, currently helping with the feed and clean shift on a Sunday evening and rescues on Mondays and Thursdays, all in between my full-time job as a bus driver in Brighton.

My time spent volunteering here has been amazing, not only for the chance to interact with and help our local wildlife, but for the life skills and knowledge I've gained. I believe volunteering in general is a key factor to improving mental well-being, and would encourage anyone who can spare a few hours a week to get involved. At times it can be sad dealing with injured wildlife, however being able to rescue and release a healthy animal back to its home is incredibly rewarding. I feel very privileged to play a small role in supporting the fantastic staff with all that they do and couldn't imagine my life without WRAS

A photograph of a woman with blonde hair, wearing a green patterned top and blue gloves, tending to several black metal bird cages. She is holding a green tag. The cages contain various green plants and wooden perches.

Would you like to Volunteer at WRAS?

We always have a variety of roles available at WRAS's Casualty Centre or at our Charity Shop in Eastbourne. From rescuing, feed & clean shifts, working at reception, serving customers at the charity shop or being part of our orphan team.

To find out more, head to our website wildlifeambulance.org.

If you have any questions just contact Ellie Langridge our Volunteer & Student Co-ordinator via e-mail ellie@eastsussexwras.org.uk or call 01825-873003.

Volunteers are the backbone of our charity, without them we won't exist.

Escaped Pets:

This autumn has seen WRAS receive numerous calls about escaped pets. Unfortunately our workload is already very high and we have to concentrate our efforts on dealing with local wildlife. Unfortunately we do not have the time, money, resources or expertise to deal with animals or birds which are owned by people. We are also not insured to deal with them. Unlike wildlife, these domestic and agricultural animals have owners to look after them, who are responsible for their care and veterinary treatment. If you find a sick or injured domestic or agricultural animal, it is best to try and contact the owner. If there is no indication who the owner is, i.e. its a lost cat or dog that is injured then you can take the animal to your local veterinary clinic and they will provide first aid and help find the owner.



Chimney Owl.

New Years Eve saw a Tawny Owl being rescued after being found sat in a fire place in a house in Cross-In-Hand. The owl was a bit sooty, cold and a little underweight. The owl was bedded down at WRAS's Casualty Centre and closely monitored. It took a few days for the owl to recover and start eating properly. Eventually once up to full strength and weight, he was returned home and flew off strongly.



Snipe's religious encounter

This lovely Snipe was found on Christmas Eve outside Alfriston Church. The bird appeared to be stunned and allowed visitors to the church to pick him up. The bird was admitted into WRAS's centre at Whitesmith. We all prayed for a speedy recovery and within a few days he was fit and well enough to be returned and released again. This snipe is not the only unusual bird to come into care from the Cuckmere Valley this winter. WRAS also had a hen harrier come in from Litlington. The wing was very badly damaged and after being assessed for a potential operation the vets sadly decided it wouldn't be possible as the wound and fractures were too old and infected.





Winter Toad Concerns

WRAS has had quite a few people ask about finding amphibians outside their houses or in gardens over the winter months. There has been a mixture of reports of frogs and toads found. With the mild weather into winter many toads were still awake and wandering around right into late December.

Unlike frogs, toads spend most of their time on land and hibernate under leaves and in log piles or even compost heaps. If you find a toad please don't move it and do not place it in your pond. If its in immediate danger only move it a short distance and ideally place under a bush or hedge. If you are concerned it is injured then give your local wildlife rescue a ring.

Frogs should be hibernating too, but mild and damp weather has kept some awake and found even in flood water on fields during the heavy rain during December.

The mild and damp autumn and winter has certainly seen unusual wildlife behaviour this year.

Slow worm has a short stay.

This poor slow worm had to come to WRAS for a short stay after being found cold and exposed in the middle of a pavement.

The legless lizard was found a comfortable home in WRAS's Orphan Room where we also keep amphibians and reptile when in need of care.

After a couple of days of TLC the slow worm was much brighter and found a suitable place to shelter and hide very close to where found, back in its home range.

Did you know...

Adults grow up to 50cm in length.

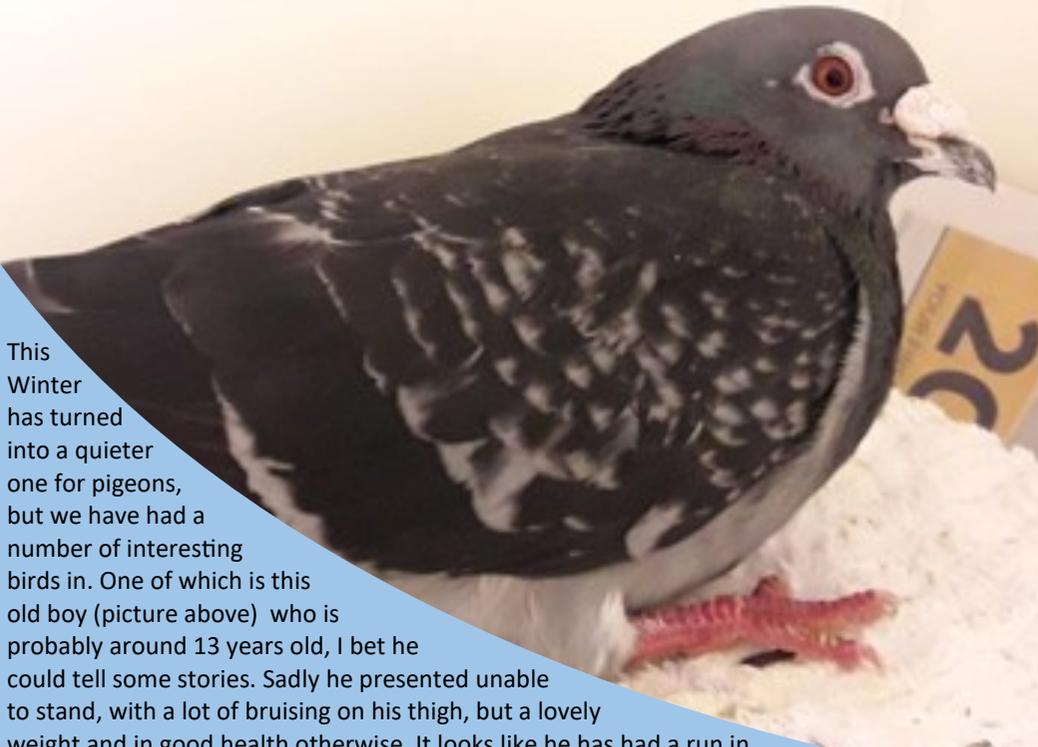
Unlike snakes, the slow worm can blink it's eyes.

They will eat beetles, slugs and worms.

They can live to around 30 years old in the wild.

Unlike many reptiles, slow worms give birth to live young and don't lay eggs.

They are common in England, Wales and Scotland but there are very few in Ireland.



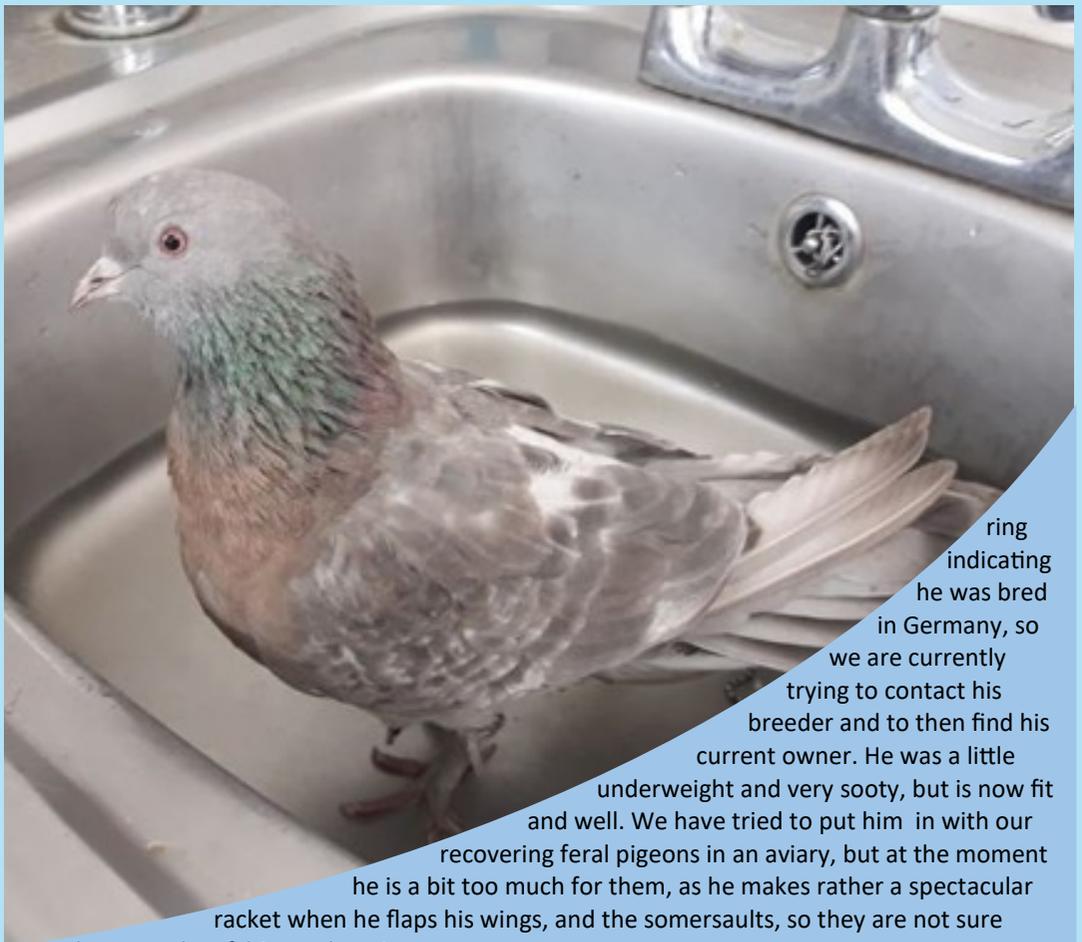
This Winter has turned into a quieter one for pigeons, but we have had a number of interesting birds in. One of which is this old boy (picture above) who is probably around 13 years old, I bet he could tell some stories. Sadly he presented unable to stand, with a lot of bruising on his thigh, but a lovely weight and in good health otherwise. It looks like he has had a run in with a car, and he is slowly improving, so we are hopeful to get him back out to his flock, where he can live out his twilight years with his family.

The other 2 interesting birds pose us more of a problem. Every year we 'accidentally' take in domestic birds, which aren't wildlife, so not within our remit, but usually aren't recognised as such when we are initially called. The first of these is Malteaser, (pictured



left) a beautiful chocolate brown fancy pigeon, with a tiny beak, found in a flock in Hampden Park, he was emaciated and very disorientated.

The second is Fez, we believe he is a Turkish Tekla, (pictured right) a breed of tumbler pigeon, who was found in a chimney in St Leonards, he has amazing fluffy feet, and is a real character. He has a breeding

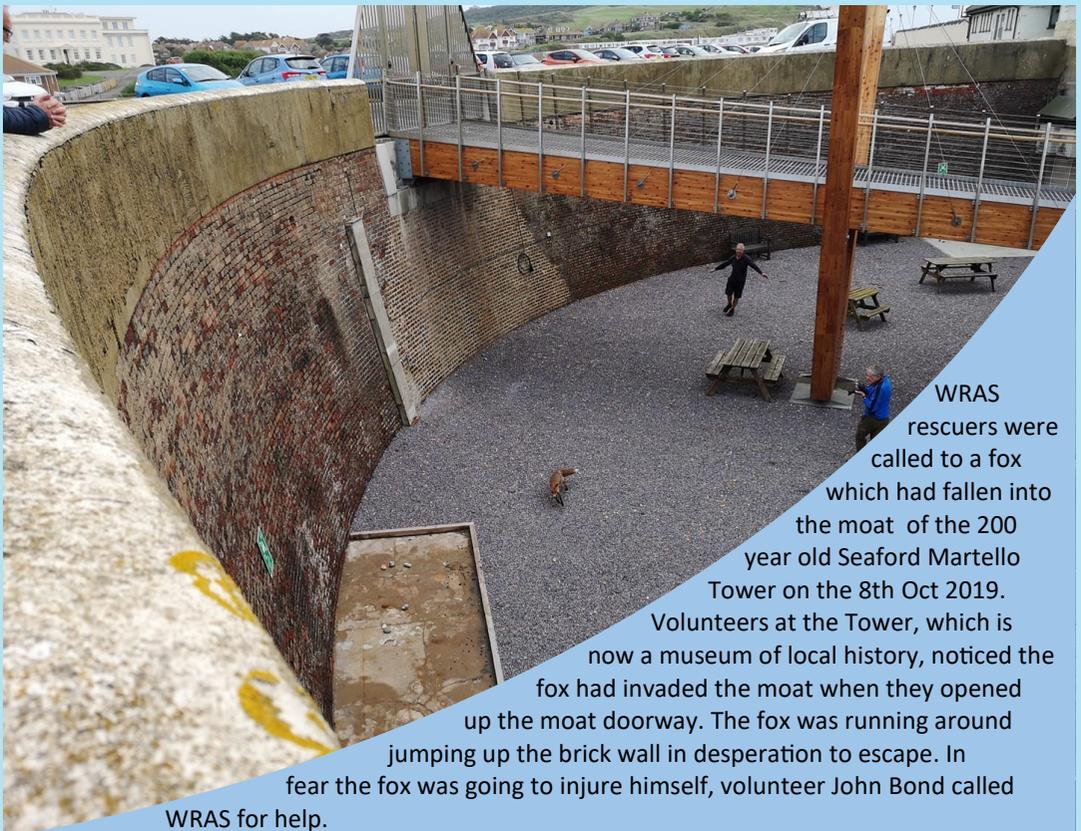


ring indicating he was bred in Germany, so we are currently trying to contact his breeder and to then find his current owner. He was a little underweight and very sooty, but is now fit and well. We have tried to put him in with our recovering feral pigeons in an aviary, but at the moment he is a bit too much for them, as he makes rather a spectacular racket when he flaps his wings, and the somersaults, so they are not sure what to make of him and panic.

The biggest problem we have taking in fancy pigeons is finding places for them to move on to, as they need a suitable environment with their own species, which are very hard to find locally, especially when these birds can live over 10 years. We are now bracing ourselves for the late Winter/early Spring onslaught of collared doves, and then wood pigeons, which we expect may arrive early due to the mild Winter.



By Kathy Martyn, Casualty Manager



WRAS rescuers were called to a fox which had fallen into the moat of the 200 year old Seaford Martello Tower on the 8th Oct 2019.

Volunteers at the Tower, which is now a museum of local history, noticed the fox had invaded the moat when they opened up the moat doorway. The fox was running around jumping up the brick wall in desperation to escape. In

fear the fox was going to injure himself, volunteer John Bond called WRAS for help.

“When we arrived the fox was hidden behind a shed, but as soon as it saw us it start running around and jumping up the walls trying to get out, it was clear this rescue was not going to be straight forward and a bit of a battle to catch him” said WRAS founder Trevor Weeks.

Rescuers obtained equipment from their ambulance and worked out their battle plan. As the fox was jumping up onto a shed and trying to launch himself up the wall to freedom, Trevor climbed up onto the shed and attempted to catch the fox as it tried again.

“The fox was extremely fast and the first few attempt to catch the fox was unsuccessful, and we were growing concerned as the fox had already damaged a nail from trying to jump up the brick wall and was leaving small marks of blood as it ran” said Trevor, “as the he kept running behind the shed we used this to our advantage, and tried to block him in. Being tired from running laps round the moat floor, the animal tried to hide giving us the ideal opportunity to confine and secure him using a dog grasper.”

Trevor working from the shed roof and rescuer Thea Taylor working on the ground where they were able to slowly restrict the fox to a smaller and smaller area till eventually they were able to cover the fox and get a dog grasper on him. “I was then able to scruff and lift him to the waiting cage where we could then check him for injuries. Luckily there was nothing seriously wrong but he had worn his nails down trying to climb out. That was a struggle but a battle we were pleased to win for the

Martello Tower Fox Rescue

Seaford

foxes sake.”

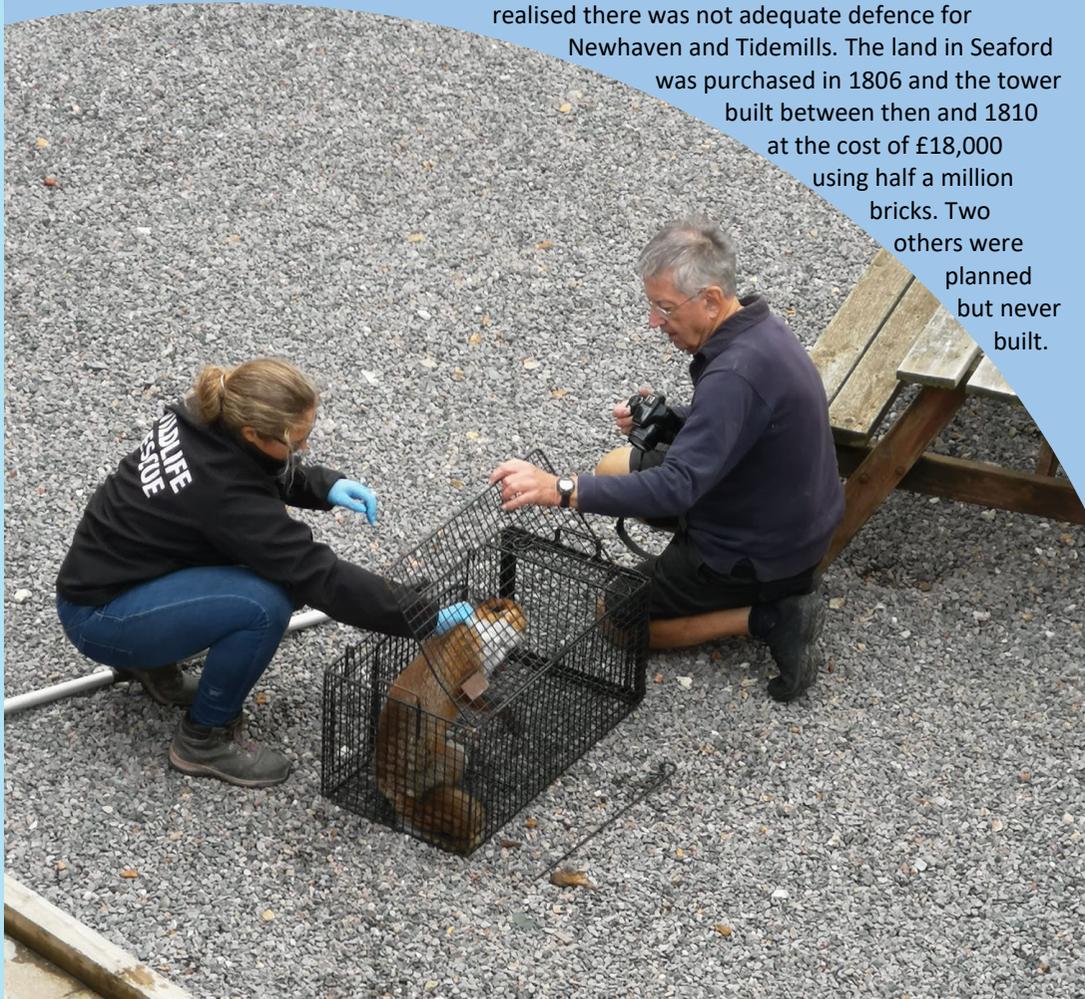
Rescuers decided not to release him straight away due to the traffic in the area at that time of day, so he was transported to WRAS's Casualty Centre for a hearty meal and a rest before being returned to Seaford about 8pm where he was released close to the scene of the battle.

“It was a blustery evening but the fox was clearly ready to go, and once the cage was opened he shot off out the cage and into the darkness. The final victory was clearly the fox's!” said Thea.

The Martello Towers were part of the defences built when Napoleon threatened to cross the 'ditch' (the English channel) in 1803. 103 towers were built from Aldeburgh in Suffolk around the coast to Eastbourne. They were based on the design of a tower on the island of Corsica noted by Admiral Jervis (commanding HMS Victory) when he attempted to recapture it for loyalist islanders from French rebels. The tower was on Mortella Point, so called because of myrtle bushes growing there. This name became corrupted by the British to Martello. This one in Seaford, the 74th on the south coast, was built as an after-thought, when it was

realised there was not adequate defence for

Newhaven and Tidemills. The land in Seaford was purchased in 1806 and the tower built between then and 1810 at the cost of £18,000 using half a million bricks. Two others were planned but never built.



Basic Wildlife First Aid & Rescue Training Course.

Do you fancy learning the basic principles of Wildlife First Aid and Rescue? Do you want to find out how you can better help when you find a wildlife casualty? Then this course is for you!

The course is divided into three 2 hour sessions with PowerPoint presentations showing videos and photos plus a few practical tasks, spread over either three evenings or all three sessions in one day.

Session 1) Background, Health & Safety, Basic First Aid Practices and Principles.
Session 2) Bleeding, Basic Bandaging, Bird Rescue plus Amphibian & Reptile Rescue.
Session 3) Bandage Muzzle, bedding out carriers/pods & Mammal Rescue.

The aim of the course is show people how they can help especially in the initial stages of a rescue when you first find a casualty, prevent you from panicking, what you can do whilst waiting for a rescue service to arrive, gives you back ground on what to expect a rescue service to do and what you can do to help when they arrive. It also helps people in situations where a rescue service may take a while to arrive and members of the public might need to step in and attempt capture. The presentations show pictures and video footage of sick and injured casualties so it is not suitable for anyone of a sensitive nature nor those aged under 16.

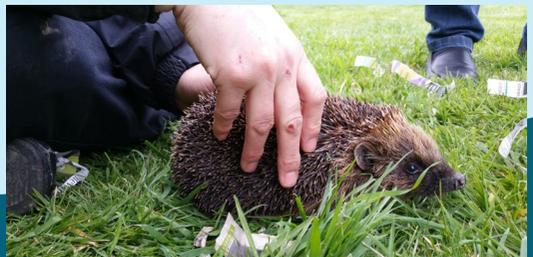
The course is not currently suitable for people who are hard of hearing or with visual impairment (although we hope to be able to run courses which are at a later date once we have obtained advice on the best way of doing so).

COST: £25 per person (Plus fees) either type of course. Booking Essential - Limited to 6 people maximum per course. Course after 1st June increase to £30 per person.

DATES/BOOKING Check out our website www.wildlifeambulance.org for dates and availability.

LOCATION: East Sussex WRAS, Unit 2 The Shaw Barn, A22, Whitesmith, East Sussex, BN8 6JD. (5 minutes north of Hailsham on the A22).The venue is at our Casualty Centre and involves climbing a set of stairs, unfortunately there is no lift.

If attending the day long courses, please bring packed lunch with you as we are out in the countryside. Tea, coffee and biscuits are provided free of charge. If you have any questions or concerns please do not hesitate to contact us at trevor@eastsussexwras.org.uk.



Donation Form: - Please Photocopy if you wish.

I enclose a cheque/postal order for: £10 £20 £50 £100 Other £

made payable to "East Sussex WRAS" or please debit my:

Visa Master Card Switch Other:

Card Number:

Start Date: / / Expiry Date: / /

Issue Number (Switch) Last 3 digits of Security Code

Card Holders Name: _____

Signature: _____ Date: ____ / ____ / ____.

Name: _____

Address: _____

Town: _____ Postcode: _____

Phone Number: _____ Date of Birth _____.

Privacy Notice: Under the new fundraising and marketing guidelines it is considered "legitimate interest" to contact people who have made donations to our charity from time to time. You can call 01825-873003 at any time to stop future contact. Further details are on our website www.wildlifeambulance.org

Please tick if you would prefer not to be contacted by WRAS.

Standing Order Form:

If you wish to make a standing order to WRAS please fill in your name and address above and complete your bank details then send this form to: East Sussex WRAS, Po Box 2148, Seaford, East Sussex, BN25 9DE. Yes, I would like to help East Sussex WRAS by donating £ ____ on a regular monthly standing order until further notice.

My Account No: _____ My Sort Code: ____ / ____ / ____

Please start my standing order on ____ / ____ / _____. (At Least 3 weeks away please.)

Signature: _____ Date: _____

Bank Name: _____

Bank Address: _____

Bank Postcode: _____

Bank Instructions: Please pay to Lloyds TSB Plc, (30-92-86) , 104 Terminus Road, Eastbourne, East Sussex, BN21 3AH, for the credit of "East Sussex WRAS", A/c 02529656.

Gift Aid Declaration: Yes, I am a UK taxpayer. I confirm that I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year that is at least equal to the amount of tax that all the charities that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 28p of tax on every £1 that I gave up to 5th April 2008 and will reclaim 25p of tax on every £1 that I gave on or after 6th April 2008.

Signed _____ Date: _____

Easy Ways to Support WRAS!

There are various way in which you can help support WRAS and most of the completely free of charge. Check out the various links to Give As You Live, Savoo, Give A Car and many more on our website at:

www.wildlifeambulance.org/how-you-can-help/fundraising/



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Helping to Support East Sussex WRAS



Hedgehog with Pop-Off Syndrome

This little hedgehog was brought into care not only to small to hibernate at just 170g but also suffering from 'pop-off syndrome' this is when the orbicularis muscle which is round the 'skirt' comes over the haunches and springs tight preventing the skin from returning to its normal position, stopping the hedgehog being able to move.

This little one also had a wound to her nose, was severely dehydrated and had a very low temperature.

Luckily our vet had just arrived at the centre and was quickly on the case. The Care Team started to warm and rehydrate her. Once she was more stable our Vet Mike was able to sedate and reposition the muscle.

Feeling comfortable she was monitored closely.



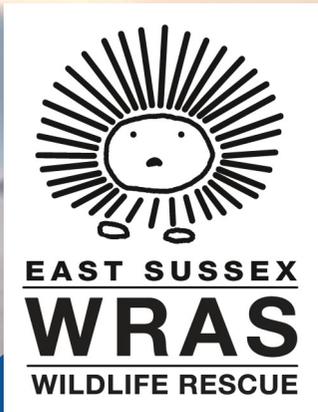
Christmas Fair Success.

A wonderful Christmassy day was had by all at our Christmas craft fair at East Dean Village Hall on Saturday 9th November. There were numerous stalls selling some amazing crafts from knitted toys to metal sculptures.

We raised a massive £1,510.39, our best total yet!

We would like to say a huge thank you to everyone who came, the stall holders and of course our amazing volunteers who we wouldn't have been able to do this without!

Thank you ever so much, the animals really appreciate it!



Information:

East Sussex Wildlife Rescue & Ambulance Service.

Reg Charity 1108880 RVCS No. 6548374

Postal Address: PO Box 2148, Seaford, East Sussex, BN25 9DE.

Charity Shop: 192 Terminus Road, Eastbourne, BN21 3BB.

Registered Address: 8 Stour Close, Stone Cross, East Sussex, BN24 5QU.
(Please DO NOT deliver casualties to ANY of these addresses as none of them are constantly staffed, please call the rescue line first for advice and assistance.)

Directors: Murrae Hume, (New Trustees currently being appointed).

Operations Director: Trevor Weeks MBE

Casualty Managers: Katie Nunn Nash, Kathy Martyn, Karen Francis

Duty Rescue Co-ordinators : Trevor Weeks. Katie Nunn Nash

Care Assistant & Orphan Support: Nikola Upton, Holly Davis

Vets: Simon Harris BVSc Cert VR, MRCVS. Dr Chris Hall BVSc, MRCVS,
Mike Symons BVSc MRCVS,

Volunteer & Student Co-ordinator: Ellie Langridge.

Casualty Centre: 01825-873003

Website: www.wildlifeambulance.org

24hr Rescue Line: 07815-078234



East Sussex WRAS is proud to receive regular support from International Animal Rescue and Aspen. Thank you.

